

New Albany-Floyd County Consolidated School Corporation School Health Services
2021-2022 School Year

Medical Referral for Special/Modified School Meals/Food Allergies

To be completed by prescribing Health Care Provider

This form is intended to meet current federal regulations found in USDA FNS Instruction 783-2, Revision 2, Meal Substitutions for Medical or Other Special Dietary Reasons.

Section A TO BE COMPLETED BY PARENT (please print or type)

Student name _____ Date of birth _____
School _____ Grade _____ Teacher _____
Parent/Guardian name _____ Daytime phone no. _____ Permission for school nurse
to communicate with physician regarding this request _____ / _____
Parent's signature _____ Date _____

Section B TO BE COMPLETED BY PHYSICIAN (please print or type)

Describe the patient's condition/disability that necessitates dietary modification: _____

Check the major life activities affected by condition/disability listed above: eating self-care manual tasks walking
 seeing speaking sitting thinking learning breathing concentrating interacting with others working
 reading standing lifting bending Other: _____

Special/Modified Diet Prescription (*Check all that apply*):

Specific Calories: Amount: _____ breakfast calories Amount: _____ lunch calories
 Modified Texture: regular chopped ground pureed (*Please check which texture*)
 Sodium Restriction: Amount _____ or No Added Salt
 Tube Feeding: Formula Name _____ Amount _____ Time(s) to be given _____
Administer via: Pump Flow Rate _____ cc/hr Gravity Other: _____
Amount of water to follow feeding: _____ cc
Oral Feeding: No Yes If Yes, specify foods _____

Note: If G-tube becomes dislodged, a parent, trained emergency contact, or EMS will be called to replace. School personnel cannot insert g-tubes.

Other (Describe) _____

Foods Omitted and Substitutions:

Specific foods or food group to be omitted _____

Food substitutions _____

Food allergies (specify) _____

Does the food allergy result in severe, life threatening reaction? yes no

Describe the allergic reaction _____

Does student require medication for allergic reactions? yes * no

****If medication required for the condition, please complete appropriate medication or action plan form.***

I certify the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

Physician's name printed _____ Physician's signature _____ Physician's telephone no. _____ Date _____

Distribution List/Date Given: School Nurse _____, Food Services _____, Teacher _____

THIS FORM MUST BE RENEWED AT THE BEGINNING OF EACH SCHOOL YEAR